HEALTHY FAMILIES



Providing Support and Education For Parents

SCAN THIS CODE
TO LEARN MORE
ABOUT WHAT A
HOME VISIT
LOOKS LIKE!









Central Office, 603 Earl Street, Pender, NE 68047 (402) 385-6300 | NE Toll Free: 1-800-445-2505 nencap.org

What is Healthy Families?

Are you looking for support in your parenting journey, but feel unsure of your specific needs?

Healthy Families offers a tailored solution for you. Our nationally-recognized personalized one-on-one program is crafted to address your family's unique parenting needs, whatever they may be. Our dedicated Healthy Families Advocates collaborate with you - providing support for you, your child, and your family through regular visits in the comfort of your own home.

What You'll Get From Us

- Connections to any necessary additional services
- Developmental screenings
- Ideas on ways to enhance your parent-child relationship
- Help with setting and achieving goals
- Support in the development of your existing strengths
- Three to five years of ongoing support
- Evidence-based education on child development

What We Ask of You

- · One hour of your time on a weekly basis
- Honest & active participation
- A secure environment for your child that nurtures their growth and development

"HELPING YOU NAVIGATE
PARENTING IN THE COMFORT
OF YOUR OWN HOME"